

SPORTMED IS PLEASED TO INTRODUCE THE CORE X SYSTEM



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CORE X System RETAIL INFORMATION



The CORE X System is an exciting new product by Alex McKechnie, based on a well-established rehab program developed by Alex and Rick Celebrini. The CORE X System consists of a cross-tubing system with leg & arm attachments. This cross-resistance offers a unique way of facilitating core muscle recruitment and linking of the upper & lower extremities to assist in the correction of movement dysfunction.

  (Basic Workout)  (X-Press Workout) 	PRODUCTS	PRICE
	CORE X: BASIC TRAINER PACKAGE <ul style="list-style-type: none"> • Core X Trainer: Core X System Integrator w/ arm & leg attachments • Core X System Lower Body Intensifier • Core X System travel bag • Basic Workout DVD instructed by fitness expert Lisa Austin • Alex McKechnie's 4x4 Xpress High Intensity Workout DVD 	\$75.00 (\$84 Retail Value)
	Basic & X-press Work-Out DVDs (Pkg)	\$24.00
	Intermediate Work-Out DVD	\$24.00
	Advanced Work-Out DVD	\$24.00
 	Rehab Wall Program DVD	\$55.00
	Rehab Floor Program DVD	\$55.00

To place a Canadian order or request more information on the CORE X system, please visit one of our retail locations or e-mail askus@sportmedstore.com

VANCOUVER ■ BURNABY ■ PORT COQUITLAM ■ LANGLEY

3888 Oak St.	(23rd Ave. & Oak St.)	Vancouver	P 604.734.0224
1615 W. 4th Ave.	(4th Ave. & Fir St.)	Vancouver	P 604.736.6537
9-5901 Broadway	(Park Crest Plaza, Btw Holdom & Fell)	Burnaby	P 604.299.0207
114-3200 Westwood	(Westwood & Lougheed Hwy)	Port Coquitlam	P 604.942.4938
1-20349 88th Ave.	(88th & 201 St.)	Langley	P 604.882.6510