



orthotics

THE GADGET REPORT

PRESENTED BY SPORTMED & PARIS ORTHOTICS

1.5 ft ETHA FOAM Rolls



1.5 ft rolls are an effective and easy way to relieve tension and release myofascial fibres. The 1.5 ft length is great for legs and arms as well as back and trunk areas. Composed of ethylene foam, the rolls provide cushion with minimal deformation. Ideal for individuals working to relieve tension and gain flexibility.

Price: \$18.00

FEATURED PRODUCT

The CORE X System

CORE X system was designed by Alex McKechnie; Vancouver based physiotherapist, now Athletic Performance Coordinator for the LA Lakers. Train the core muscles, improve coordination, strengthen and tone the entire body with the CORE X system. Instructional DVD's also available.

Price: \$70.00

CORESHORTS Pro

CORESHORTS Pro were designed to maintain hip and core stability without deterring function. The criss-crossed 2 way stretch banding provides assistance to the anterior and posterior core muscles, known as the body's muscle slings. Remarkably comfortable in comparison to products of a similar nature; patients can easily wear this product for an entire day when necessary. Designed for sport, they are ideal for use in conjunction with an exercise or rehabilitation program.

Price: \$80.00

*OFTEN COVERED BY EXTENDED MEDICAL



BOSU Ball

BOSU is quickly becoming one of the most widely recognized fitness products available. Versatile in creating a number of unstable surfaces depending on which side is facing up: bounding platform, wobble board or balance cushion. This is a tool every clinic should have and many individuals can use at home.

Price: \$135 (home version)



HEAVY MED Balls

HEAVY MED Balls are a key tool in functional rehabilitation and fitness. Throw them, push them, pull them, lift or drop them. Their versatility within exercise programs is only limited to one's imagination. Use in conjunction with the CORE X system to add an entirely new level of conditioning.

Price: \$47.00 (blue) & \$22.00 (red)



www.sportmedstore.com

www.parisorthotics.com

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***PLEASE NOTE - PRICES SUBJECT TO CHANGE

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ROYCE Walker Boots

ROYCE Walker Boots create a stable and comfortable environment for acute injuries of the foot and ankle. The well designed rocker profile and wide cushioned base results in less pressure underfoot, lots of room for swelling and bandages, and relaxed gait when weight bearing. The short version is ideal for acute injuries at the mid to forefoot, while the tall version is suitable for acute injuries at, and below, the distal end of the tibia and fibula.

Price: \$120.00

*OFTEN COVERED BY EXTENDED MEDICAL



FEATURED PRODUCT

ASO EVO Ankle Brace

ASO EVO is the evolution of ankle bracing. With the addition of internal straps to its proven figure 8 strapping system, this brace provides exceptional protection against inversion sprains and increased support for the sub-talar joint. Ideal for the individual who often prefers the feel of tape.

Price: \$70.00



SOLE Sandals

SOLE sandals — where reef meets birkenstocks.

It is now possible to have a stylish beach worthy sandal that is supportive and comfortable as well.

Using their proven insole shape, SOLE created a flip-flop like no other. This sandal supports your foot via its ergonomics straps, deep heel cup, arch profile, and metatarsal pad. **Price: \$75.00**



RICHIE BRACE

The RICHIE Brace provides exceptional support for those with severe foot and ankle instabilities. Custom made to ensure that the brace always delivers comfort and specific support. Available in three hinge types: Unrestricted, Dorsi-flexion assist, and fixed. Ideal for individuals lacking muscle control of their ankle joint.

Price: \$605.00

*OFTEN COVERED BY EXTENDED MEDICAL



FITTER FIRST Classic Wobble Board

The Classic Wobble Board is the best 'bang for your buck' wobble board on the market. Injection moulded with premium grade polypropylene plastic, it will hold up to 350 lbs in weight. The adjustable fulcrum allows the board to be used at an intermediate and advanced level. Ideal for individuals wishing to do rehabilitation and exercise at home.

Price: \$45.00



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